

PEOPLE OF GOD NEWSLETTER

LAITY, RELIGIOUS AND CLERGY LIVING THE VISION OF ST. VINCENT PALLOTTI

**"May your hunger be great,
and your thirst to advance in holiness be ardent,
and do not doubt: God will satisfy you."**

St. Vincent Pallotti



Society of the Catholic Apostolate
Summer - Fall 2009



The Pallottines



Cover: Photographer unknown

In This Issue:

Finding The God Who Seeks You 3
 Four Pius XI Students Awarded..... 4
 Ask Father: Why do we HAVE
 to go to Mass on Sunday?.... 6
 A Look at the World: Killer Jealousy.... 7
 And Now You Know! The QA Story.. 8
 Pallottine Gift Memorials 10
 Help for Zambia Mission Growing ..11
 We're All Called by God12
 Marriage is a Duet not a Dual!14
 Enchilada Casserole: Gluten Free15

People of God Newsletter

is published three times a year by the Mother of God Province of the Pallottine Fathers and Brothers. Articles, photos, suggestions are always welcome.

Editorial offices located at:

*The Pallottines * 5424 W. Bluemound Rd. * Milwaukee, WI 53208-3097
 414-259-0688 ext. 150 * Fr. Leon Martin, SAC, editor.*

*You are invited to visit our website at: www.pallottines.org for
 past & present issues of our newsletter & other Pallottine information.*

A W.E.L. Production

Keeping Vigil During the Summer

Summer is the time for warm weather and picnics in the park. It is a time for fishing, swimming and walking along the beach. Why not include God in your plans this summer and take Him with you wherever you go? Just complete this slip and send it to us in the envelope included in this newsletter, and we will light a 7 day vigil light for you at the statue of St. Joseph in our house chapel and ask God to protect you and your loved one as you travel and celebrate the summer.

(circle a Month & a Monday)

Please light a 7 day vigil light for the following intention:

June 01 08 15 22 29
 July 06 13 20 27
 Aug 03 10 17 24 31
 Sept 07 14 21 28
 Oct 05 12 19 26

I would like of make an offering of \$3 5 7 10 12 15 Other \$_____

2 Return this slip to: The Pallottines 5424 W. Bluemound Rd. Milwaukee, WI 53208

Finding the God Who Seeks You

Journeying with St. Vincent Pallotti, The Prophet of Communion

Fr. Vensus George, SAC, a Pallottine from the Assumption of the Blessed Virgin Mary Province in India, has written a book of reflections based on the thoughts of St. Vincent Pallotti. We would like to share some of them with you to help you on your spiritual journey.

Reflection: Doing Good Always

"Since good is all that I plan to do, at different hours of the day, and at different times and circumstances ... I intend to do good always I will try to excite in myself, through some act, the intention to do it all." St. Vincent Pallotti (OCC, X, pp.35; STA,55)

God is goodness by His nature. Every good thing that one finds in this world is an expression of the goodness of God. After creating the world in all its richness, God has found it to be very good. The human person, the crown of God's creation, by his vocation, is called to be a co-creator. He is called to work with God, and make this world a better place to live. In God's plan, the human person's aim in life is to add beauty and prosperity to the world, the creation of God. St. Vincent Pallotti, being fully aware of his vocation to cooperate in God's creative plan for the world, always attempted to do what is good. Therefore, in every circumstance of his daily living, he constantly looked for opportunities for doing actions that would add goodness to the situation in which he found himself. He never sought his own advantage, his name or fame, while doing a good act. He often excited in himself a genuine desire to do what he believed should be done, through some act. He also encouraged his followers to do the same. In all his efforts to do the good, St. Vincent always wanted to main-

tain the objective goodness of the situation in which he found himself, and the benefit of the people involved in the situation.

Questions for Further Reflection

- 1) Do I recognize man's vocation to do what is good in this world?
- 2) Do I recognize my role as the co-creator?
- 3) Do I add goodness to the situation in which I find myself?
- 4) Do I take the trouble to do what I believe should be done?
- 5) Do I seek my advantage or the good of the people in doing the good I do?

"Fix your thoughts on what is true, good and right. Think of things that are pure and lovely Keep putting into practice all you have learned from me and saw me doing, and the God of peace will be with you." (Phil. 4:8-9)

Four Pius XI High School Students Awarded Pallottine Scholarships

by Gladys Williams

"Thank you for sponsoring me and giving me the opportunity to attend Pius XI High School. It is really important for me and my mom that I attend because we know how important a good education is ..."

These are the opening words of a 'Thank You' card sent by Shaniqua, a student at Pius XI High school, to the Pallottines after she was awarded the Pallottine \$1000 Multicultural Scholarship for the 2008-2009 school year.

Shaniqua is one of four Pius students who were awarded Pallottine Scholarships this year. Two girls, Erin and Virginia, and one boy, Dominique, each received

\$1,000 Pallottine Futures Funds Scholarships.

Accepting an invitation from the school to attend a special appreciation breakfast for all scholarship donors and recipient on April 1, 2009, Fr. Leon Martin, the Provincial of the Pallottines of the Mother of God Province, was able to meet and visit with the four students the Pallottines are sponsoring this year through several of our scholarships, and to talk with teachers, administrators and other students at the school.

It has always been important to the Pallottines to support the education of Catholic high school and grade school



Fr. Leon visits with scholarship winners at the appreciation breakfast held in the field house at Pius XI High School.

students, and as tuition, book bills and other expenses continue to increase, the need for more scholarships to help students has become even more critical.

Back in the 1800's our founder St. Vincent Pallotti saw the value in educating youth so that they could find gainful employment and live happy and independent lives and not end up on the streets of Rome as beggars, thieves or worse. He himself started trade schools for young men and women so that they could learn many useful skills in the business world.

Today we Pallottines follow his lead and continue to support Catholic education through our scholarships on the high school and grade school levels. With the cooperation and support of our many friends and benefactors like you we hope to award more scholarships to deserving students each year.



Fr. Leon poses with students and faculty members at Pius XI High School.

If you would like to help the Pallottines in our efforts to offer more academic scholarships now and in the future, please contact Fr. Leon Martin, SAC at (414) 258-0653 ext. 150 or visit with him on line through his email at: www.leonjmartin@yahoo.com.

Catholic education can play a vital part in the mental, physical, emotional, spiritual and moral development of our young people. Together we can give them a better chance for success in life through a good Catholic education. Help support our youth.

Ask Father

Why do we HAVE to go to Mass on Sunday?

Dear Father,

I'm so tired of hearing "You have to go to Mass on Sundays; you have to go to Mass on Holydays of Obligation." Well, I want to know why! When I read the bible I don't see anything there saying the early Christians HAD to go to Mass, and the Ten commandments only say "Keep holy the Lord's Day" not you have to go to Mass on Sunday. I don't mind going to Mass, but I sure do hate it when somebody tells me I HAVE to go. It's then that I really don't want to go!

Nora D.

Dear Nora,

Thanks for your question. It's one that comes up quite often these days. Let me try one of my "back door" approaches in giving you my thoughts on the subject.

Back in the late 1960s I remember watching the evening news and the big item being discussed was the new SEAT BELTS for passenger cars. The announcer was ever so careful to state and restate that these "new things" were being put into cars on an experimental, voluntary basis. They didn't even come standard on any cars. They were there for your convenience, but you were under no obligation to use them. I remember saying to myself, "Right! Let's see how long that lasts!"

Isn't it amazing how far we come

since that point in time?

I think you know what happened since the 70s. First, the seat belts became standard in the front seats of cars; then front and back. Next, we went from "you can wear them if your want to" to "children under a certain age must wear them (and must be in car seats)" to "you must wear them or get a ticket." But we haven't stopped there. Up to recently, the police couldn't pull you over for not wearing a seat belt, but now, guess what!, they can.

What happened? I think I'm forced to say, "human nature". We don't always take advantage of what is meant for our good and safety. We're in a hurry; we're busy; we're lazy; we just don't care. So...more and stricter laws keep getting passed to "protect us from ourselves."

Ok, with that in mind, I say a similar thing happened in the Church with the Mass. The Apostles didn't have to be told to go to "Mass" because they wanted to be together and celebrate as Jesus requested them to do. They loved Him; they missed Him and were eager and happy to "Do this in memory of Me." The earliest Christians knew many of the Apostles, the early leaders of the Church and their fellow Christians personally. They often formed small, tightly knit groups who felt safety and comfort

(continued on pg.13)

A Look at the World

by Fr. Bruce Schute, SAC

Killer Jealousy

It's a rare day when we don't scan a newspaper or tune into a newscast and come across disturbing accounts of mass killings: Columbine. Virginia Tech. A nursing home in Alabama. Binghamton, New York. Germany, etc.

When the deranged killers also die in these bursts of bloodshed, police are left to piece together a possible motive. Often, the conclusion is that the killer is a dangerously isolated loner. But the more essential explanation is jealousy, suggests Fr. Ronald Rolheiser O.M.I., a widely published spiritual writer. In any of the above-mentioned tragedies, was the killer's motive any different from Cain's when Cain killed his brother Abel? What were the killers really thinking? Maybe it was something like this: "All of you are loving each other and I may be left out!" That's the fear. And it's the basis for killer jealousy.

When we are truly honest, we can see that jealousy can be part of our life and has the awful power to inflict harm, even a kind of killing. Thoughts and words are our bullets.

Henri Nouwen, the Dutch-born priest and author of more than 40 books on spiritual life, once wrote: "Anyone shot by a gun is first shot by a word, and anyone shot by a word is first shot by a thought."

What thoughts precede these mass killings? "Who does he think he is? She



thinks she's so clever! He thinks he's God's gift to creation! She's so full of herself!"

If we allow thoughts like these to take over, Rohlheiser suggests, we can think we are wounded like Cain. It may seem like everyone is loving each other and we are being left out. The spontaneous impulse is to react by killing -- in word, thought, and attitude.

How do we counter these thoughts to live beyond jealousy and the sense of being left out? First, we have to admit to our jealousy. Jealousy is in most of us — if not all — to some degree. When we admit that we are jealous, we can move on and see that how we respond is the greatest moral and spiritual challenge of our lives.

As Rohlheiser notes, the gospels tell us more about Jesus' moral and emotional loneliness than his physical suffering as he struggled in the garden of Gethsemane or at Calvary. Excluded from human intimacy, Jesus was surrounded by hatred and misunderstanding. He was surrounded by killer jealousy. Still, Jesus gives his life.

Sometimes it seems that we learn the meaning of love only when that love sours. Jesus' example challenges us to replace jealousy with love. This is a challenge for all of us.

Fr. Bruce Schute 7

And Now You Know!

Excerpts from the book: *Like An Evangelical Trumpet: A History of the Mother of God Province of the Society of the Catholic Apostolate*, written by Steven M. Avella.

Question 24: What is the story of Queen of Apostles Seminary? Part VIII

[At Queen of Apostles Seminary] the operating deficits continued as the number of Pallottines giving contributed services began to decline and the hiring of additional lay staff became necessary. Countervailing financial pressures within the Province: the need to fund those in formation, the necessity of reserved and restricted funds for health care and retirement, to name two, put the Province in a financial vise. Absent a huge increase in student numbers and steady financial support from Madison or private benefactors, the future of the seminary once again was in jeopardy.

In August of 1970, the Provincial Board formed a special High School Advisory Board to assist in determining the future of the school and coming up with realistic ways to finance it. The Board's work dovetailed with a similar endeavor by the Province Finance Committee, and inasmuch as these issues were being studied, they did not appear in the agenda of the Province Assembly of 1970. In February 1971, Liebl announce to the Province that the day of decision for the future of QAS was March 12, 1971. "The Province at this point cannot give any financial help," he declared. "Furthermore, our principal subsidies have been set aside for the education of our students. For this reason we have had to reach the conclusion that if we are to continue to operate Queen of Apostles High School, the finances for it will have to come from Queen of Apostles High School, its Pallottine Community and the local community."

the local Pallottines and the parents of those attending the high school, voted to redouble efforts to keep QAS alive. At the beginning of the 1971 academic year, co-education was introduced to broaden the student base, and renewed efforts were made in September of that year to seek funding from [Bishop] O'Donnell. This time, the prelate was even more emphatic in his negative response. Although cordial, he frankly informed the Pallottines that any excess funds he had would go to support the Beloit Catholic High School, a diocesan operation, as well as the University Parish and other parishes in financial trouble. "No other conclusion could be drawn," Liebl told the Province, "that no financial help would be available for now or in the foreseeable future."

For the next eight years, a dwindling but enthusiastic community of Pallottines in concert with equally enthusiastic parents struggled to keep the high school open. [Fr.] Heinrichs, who would become Provincial in 1975 devoted himself to the task of fund-raising, removing himself from the day to day operations of the school to travel in search of funds. Enrollment crept up slowly, hitting around two hundred in 1973. These gallant efforts could not keep up with the escalating costs of keeping the school open: salaries, infrastructure repairs, library and the likes. Moreover, Pallottine numbers, which represented thousands of dollars in contributed services (the Pallottines received no salary) were also dwindling. On top of it all, there was some discontent among Province members with the direction the school had taken in its quest

for survival. In 1973, faced with looming deficits, Fr. Francis Hueller, who had become principal, turned again to the Province for a hefty subsidy to keep the operation afloat. Liebl agreed to put the matter

desired accreditation was never achieved. This further jeopardized the reputation and academic standing of the school, especially for wary parents and their college-bound children. On top of it as well,



Main entrance of Queen of Apostles Seminary/High School.

to a Province vote, indicating that a "no" vote meant that "our commitment to the Apostolate of secondary education at Queen of Apostles would have to be evaluated immediately." These events prompted Joseph Heinrichs to contact the Martin A. Moran company of New York, a professional fund-raising firm that set a relatively modest goal of \$150,000 over a three year period to help stabilize finances. Pallottine Fathers and Brothers continued to assist by donating their salaries, help-out monies and the revenues from the farm.

Pallottine hopes of transforming Queen of Apostles into a reputable Catholic high school for the east side of Madison never materialized. Lack of consistent support from the clergy of the Madison diocese contributed to the steady decline of the school. Not only did financial woes continually strap the operation, but the earlier

a division erupted among the Pallottines themselves as to whether the resources, financial and in personnel, were any longer worth the effort. In studying the matter for the Province in 1976, the Center for Applied Research in the Apostolate looked objectively at the school. While finding that over half the members favored the continuation of the high school apostolate, they found it difficult to see how both Pius XI and Queen of Apostles could both be maintained. The report offered a series of five options ranking from the status quo to immediate withdrawal. Realizing that neither of the options was desirable at the present moment, the report asked the Province itself to determine the priority of the Apostolate in view of the declining numbers of Pallottines and the ever-increasing fiscal burden it entailed. If the decision was to maintain the

Pallottine Gift Memorials:

January 2008 thru April 2009

In Memory of the Deceased

Arnold Baierl - 11/2008

Mary Ann Berger

Bertha Bauer

Del & Steve Gaveras

Betty Ann's Mother

Geraldine L. Moschetz

Richard J. Blankenheim

Don & Dolores Janus

William Callahan

Elizabeth Lorbeske

Anthony Cifaldi

Don & Dolores Janus

Leo & Rita Connors

Msgr Terrence L. Connors

Frank Corrao

Tom & Vivian Gawin

Georgia Cowan

Dick & Betty Reichertz

Helen Cunningham

Sieglinde O'Loan

Margaret Dondlinger

Mrs. E. Reichertz

Adrian Maurice 'Red' Dupuis

Dick & Betty Reichertz

Dianne Sue English Fox

Peggie Phillips

Joe Gatti

Dick & Betty Reichertz

Antoinette (Toni) Giunta Boyle

Peggy Phillips

Tamara Hagemery (nee Braun)

Mr. & Mrs. Sid Braun

Fr. Joseph Heinrichs, SAC 12/08

Mr. & Mrs. Richard Niggemann

Ms. Ella Heyer

William & Pamela Nugent

James Hickey

Frank & Barbara Maniscalco

William Jessen

Jim & Jean Rebholz

Walter Larson

Steve & Dolores Gaveras

Walter & Marilyn Mondloch

Herbert & Clare Herro

Mary Hack

Paul & Bea Herrmann

Shirley La Tour

Don & Dolores Janus

Bernice Lemanczyk

Beverly Arnold

Marion Lienemann

Marge Pinahs



Anna Rende

Marge Pinahs

John Roeske

Jim & Jean Rebholz

Steve Romano

Tom & Vivian Gawin

Steve Romano

Frank & Barbara Maniscalco

Arden Ropson

June Bartel

Tony Rosolek

Don & Dolores Janus

John & Dorothy Schoewe

Brad & Marie Schoewe

Reynold Schultz

Jean Weber

Patricia Spantak

Mary Sewalk

Georgia Wassack

Sandy & Jim Kula

Evelyn Wingenter

Jim & Jean Rebholz

Sandy Wisniewski

Don & Dolores Janus

Kathleen MacVane

Jim & Jean Rebholz

Alice Mangan

Dolores Gaveras

Jack Marchese 3/09

Grace Marchese

Barbara Martin

Marie Schoewe

Clarie R. Martin

The Lorbeske Family

Claire Martin

Marie Schoewe

Claire Martin

The Martin Family

Claire & Rosemary Martin

Marie Schoewe

James Muellenbach

Jim & Jean Rebholz

Paul Murphy

Jim & Jean Rebholz

Ann Neri

Kathleen Carrollo

Sharon Katherine Picciolo

Jim & Jean Rebholz

Roy Polzin

Jim & Jean Rebholz

Dick Reichertz

The Pallottines

Joseph Reiter

Raymond J. Schultz

In Honor of the Living

50th Wedding Anniversary

Jim & Lucille Hornung

Jim & Jean Rebholz

Wedding Anniversary

Mr. & Mrs. Frank Boucher

Gordon & Bernice Boucher

Birthday

Lorraine Klamert (90th)

Chuck & Eileen Wolf

Betty Lorbeske

Marie Schoewe

Sr. Verda Kraemer, FSPA (90th)

John, Barb & Christopher Hansen

Family

The Jeffrey Donohue Family

Suzy Spencer

Health

Tracy Shenkel

Ms. Mary Sewalk

Successful Operation

Mary Margaret Hanson

Mr. & Mrs. Gordon Boucher

Help for Zambia Mission Growing

By Fr. Leon Martin, SAC

In April of this year the Pallottines launched our campaign to help raise funds for the Pallottine mission in Zambia. Results have been encouraging and I am happy to report that at the time of my writing this update we have gathered over \$6,800 in money and other assets that will be sent to Fr. Matt and Fr. Joe in Zambia to continue helping those with AIDS/HIV and providing much needed food and education for the many orphaned children in the area surrounding their mission near Lusaka, the capital of Zambia.

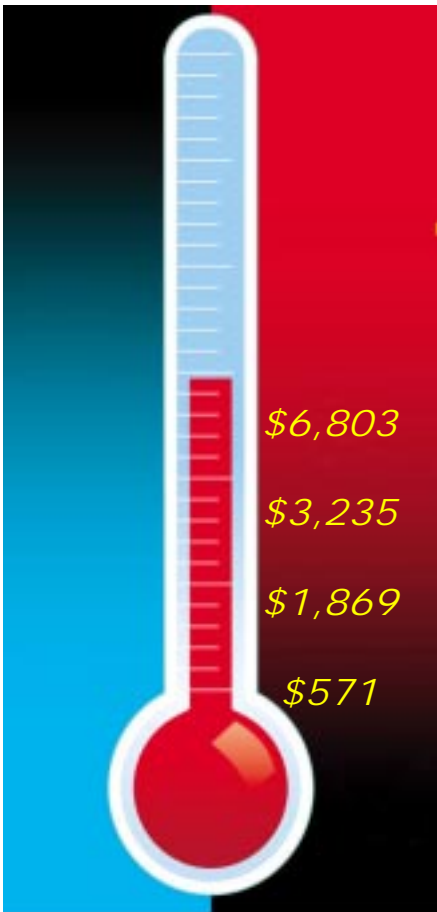


Food packages being prepared for the orphans at our mission

I am also happy to report that the newly purchased property and buildings for a house of studies for local men wishing to become Pallottine priests and brothers has been sufficiently upgraded to the point that this fall we should be able to accept students to begin their studies.

These may sound like small beginnings but with the help of our friends and benefactors like you here in the USA we now have resources flowing into Zambia to move forward and truly help the poor and sick in bigger and better ways. We thank all of you who have been so generous in your support. **We cannot do it without you!**

If you are still considering helping us in this effort, please feel free to send in your donation in the envelope included in this newsletter. Just check the box marked Zambia and we will be sure your gift will go to our missionaries there. Thanks for your support of our Pallottine ministries.



We're All Called by God!

by Br. Jim Scarpace, SAC

Some people have said to me, "God never called me to be a priest, brother or sister. So, how can you make such a statement?" The answer is simple. God may not call all of us to be priests, brothers or sisters, but he does call each of us to a vocation in life.

The boy who grows up to be a carpenter has a calling in life. The girl who becomes a doctor certainly is called. The farmer who tills the fields knows his or her vocation in life.

When we listen to the stories in the Bible, so many "callings" from God seem very dramatic and clear. Mary was visited by an angel who told her she was to be the Mother of God. Joseph received a vision in his sleep to take Mary and the Child and flee to Egypt. Jesus walked the shore of the sea and called each of his apostles by name: "Come, follow me!" That sounds pretty obvious as to what he wanted them to do in life.

Wouldn't it be great if all callings in life were that simple and direct? Then we wouldn't have any excuses for not studying certain subjects, learning new skills, or pursuing a special trade or occupation. Well, we know that things don't work quite that way for the most part.

So then, how does God call us in life? Well, I think of a student I once taught. He couldn't pull higher than a "D" in most subjects, skipped school often, and didn't have many friends. That is until one semester when he signed up for auto mechanics. He loved working on engines and cars, never missed a class, got straight A's and

went on to become a great auto mechanic. He put his heart and soul into something he liked to do and he found his "calling."

God might not physically tap us on the shoulder and point out what we should do in life, but he provides us with ample hints, longings and desires to be or become. We may find we like working with animals and so we go on to become a veterinarian. Some of us want to follow in our parents' footsteps and one day take over the family business or farm. Others may feel the urge to be like their hero or an older sibling or friend. We may have had a teacher or mentor in who's footsteps we see ourselves going.

Yes, there are many ways in which God gives us insights into our vocation in life, be it a doctor, teacher, or even a priest, brother or sister.

However, with any vocation we will never know if it is the right one for us unless we do somethings about it. In religious life many orders have initiated a "come and see" approach to vocations. Spend some time with us and see if our life-style, our ministries, our prayer life appeal to your desire to serve God. If they do, then keep coming back and eventually join us. If not, well, then you know you are being called to something else. The point is that with any vocation, unless we "try it on for size" we will never know if we are going in the direction God wants us to go in life. It may be one thing to have desires to do something in life. It is quite another thing to pursue those dreams and feelings and make something of ourselves. God bless!

Ask Father: (continued from pg. 6)

in each other's company. They wanted to celebrate the Lord's supper together.

But as time marched on, we all know what happened. Those who spoke of Jesus and his message sometimes weren't very good at their job, and the stories about Jesus just didn't move people like they used to. The Church grew in numbers and meeting places got larger and less homey. People didn't know each other as well anymore. The persecutions stopped.... And so, as history moved along, people didn't feel the need to be together, at times didn't want to pray together, started forgetting why Jesus said they should "Do this in memory of Me." Attendance dropped at the liturgical gatherings and well-intentioned leaders became alarmed and started insisting that people attend the Liturgy, and so they began writing rules and laws about going to Mass, confes-

sion, etc. Human nature strikes again!

Do I wish we didn't have laws about going to Mass on Sunday? You bet! But in the same breath I would say that I wished we all took to heart Jesus' words at the Last Supper, "Do this in memory of Me!" If we Christians today could all be motivated by that one sentence, we wouldn't need laws about Mass attendance. We would go because we wanted to go, felt a need to partake in the Body and Blood of Christ, and couldn't wait to join in prayer with other members of our Faith. If only our weak human nature didn't get in our way. Let me end with an inviting quote that I am stealing from Archbishop Timothy Dolan, "See you at Mass."

**Send your "Ask Father"
letters to:
The Pallottines
5424 W. Bluemound Rd.
Milwaukee, WI 53208**

And Now You Know (continued from pg. 8)

place, the report urged that a minimum of two Pallottines should be on staff, and that a three year experiment be launched to set the school on the path to financial solvency. This was the course chosen, but the desired results were not attained. Queen of Apostles would finally close in 1979 and the buildings sold. The dream of Laqua, Franke, Boenki, DeMaria, and others who had poured so much of them-

selves into this hope for the future of the Midwestern Pallottines came to an end, as did similar hopes for a myriad of other communities of men and women with similar institutions.

(We have now reached the end of the QA story as found in the book, but there is still more to be told! Stay tuned for the epilogue to the QA story coming in our next issue! You don't want to miss this!)

Next Time: Part IX: The Epilogue of the Queen of Apostles Story!

*Learn more about the Pallottines of the Mother of God Province. The book **Like an Evangelical Trumpet** is available in a soft-cover edition, 335 pages complete with 33 pages of nostalgic photographs. \$19.95 plus \$3.50 P&H. To receive a copy, send name, address and payment to:*

Pallottine Development Office * 5424 W. Bluemound Rd. * Milwaukee, WI 53208

Marriage is a Duet Not a Dual!

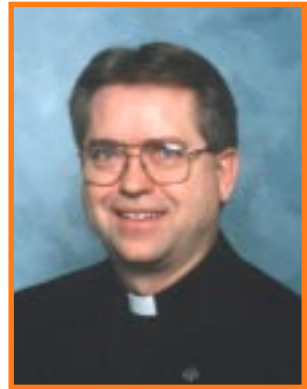
by Fr. Leon Martin, SAC

Dear Friends,

So far this year I have had the privilege of celebrating the weddings of two of my nieces, Michelle (and Joe), and Sarah (and David).

Joe should be on duty in Iraq by the time you read this, so for Michelle it is certainly a different way to begin their marriage. E-mails and phone calls will help to keep up the communications, but it will be a challenge. This is the first time I know of in our family that someone will be in a battle zone. Together with other family members we will be trying to support both Michelle and Joe. This surely makes the reality of the commitment to marriage and family more clear and tangible.

For Sarah and David there is a different set of circumstances. Both have good jobs, but six weeks or so before the wedding, Sarah's employer wanted her to move to a job 400 miles away. Their decision was that David would either find another job in their new location or go back to school to finish his Masters degree. Meanwhile the movers will first begin at David's house, go 50 miles to pick up Sarah's things, and then take everything 400 miles to their new home. Oh, I forgot ... Sarah and David went to Mexico for their honeymoon and arrived the day before the travel advisory was given for the swine flu.



Two different sets of circumstances, yet in both marriages, all the concerns and decisions of both couples must be dealt with if these Christians wish to have good and fruitful marriages.

Interestingly, I came across some words of wisdom about commitment in marriage that all of us could take to heart:

- 1) A marriage may be made in heaven, but its maintenance must be done here on earth.
- 2) Marriage is a duet, not a dual!
- 3) Faults are thick when love is thin.
- 4) Let Christ be your guide and teacher.
- 5) Let the Church nourish you and remind you of Christ's love and saving passion, death and resurrection.
- 6) Listen to the joys and sorrows of your life and those around you so that the Holy Spirit can guide you in thought, word, and deed.

I wish you a wonderful day and a joyful, peaceful summer. God bless you always!

Fr. Leon Martin, SAC

Enchilada Casserole: *A Gluten Free Dinner*

by The Pallotti House Chef

A new popular dish at Pallotti House! Always looking for something different to serve the priests and brothers, our cook, Carol, came across this tasty Mexican all-in-one casserole that just happened to have the added bonus of being gluten free (for all you readers out there who can't have gluten in your diet).

At first I was leery of the dish as I personally find spicy food disagreeable to my stomach, but I gave it the old college try and to my delight I truly loved it, even going back for seconds.

I asked Carol to please write down the recipe for inclusion in this issue of our newsletter. So... for your eating enjoyment I present a wonderful enchilada casserole.

Here's What You Will Need:

For casserole:

- 4 packets of McCormick Enchilada Sauce.
- 4 (8 oz.) cans Tomato Sauce
- 2 lbs. Ground Beef
- 2 Medium Onions
- 1 can Sliced Black Olives (15 oz.)
- 1-2 lbs shredded Cheddar cheese or Mexi-blend cheeses
- 12 6 inch soft Corn Tortillas shells
- Pam to grease pan.
- 11x14x2 inch oblong pan

For Toppings: (optional)

- Ripe Tomatoes -chopped or diced
- Sour Cream, chopped Lettuce, Salsa (to taste)



Here's What You Do:

Preheat oven to 350 degrees F.

Peel and chop onions into small pieces. Place ground beef in large frying pan, add the chopped onions. Brown meat until onions are soft. Salt to taste. Drain off grease.

Mix 4 McCormick sauce with 6 cups water and 4 cans of tomato sauce in large sauce pan. Bring to a boil. Reduce heat and simmer 5 minutes or until thickened. Set aside.

Put a layer of browned meat and onions in bottom of pan. Layer 6 tortillas shells flat and overlapping on top of meat. Add a layer of cheese and olives. Repeat layering in same order. Place any remaining meat, olives on top. Pour enchilada sauce over all and sprinkle with more cheese.

Bake for 30 to 40 minutes at 350 F. until cheese and sauce are bubbling. Remove from oven and serve with toppings. Serves 7+ easily.

For dessert try rainbow sherbert.